



CONGRATULATIONS ON COMPLETING YOUR FULL ARCH PROSTHESIS!

✦ Congratulations on Your New Smile! ✦

We are so excited for you! Your new full-arch restoration is a big investment in your health and confidence. With the right care, it can last for many years to come.

Daily Home Care (Your Responsibility)

Keeping your prosthesis clean—especially where it meets your gums—is the **most important factor in long-term success**.

✓ Brushing (Twice Daily)

- Focus on the area **where the teeth meet your gums**
- Angle your toothbrush gently toward the gumline
- You may brush with **water** or a gentle, non-abrasive toothpaste
- The key is **thorough cleaning along the gumline and under the prosthesis**

Take your time: slow, gentle, and thorough is better than aggressive brushing

Water Flosser (Daily – Essential)

- Use a **Waterpik at least once per day**
 - Clean from both the **front and back sides**
 - Take time to find the angles that best remove debris
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Cleaning Underneath

- Super Floss or floss threaders may be used to clean underneath the prosthesis
 - Use what works best for you—we will help guide you
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Additional Tools (As Recommended)

- Interdental brushes
 - Specialty implant brushes
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Night Protection

- If prescribed, wear your nightguard or appliance each night

Grinding or clenching can lead to:

- Fractures
- Loosening of components
- Implant damage or bone loss or loss of implants

If you notice clenching or grinding, please let us know and we can help address the issue.

Professional Maintenance (Very Important)

- You will be seen for **hygiene visits every 3 months**
- This will continue until we see **consistent, excellent home care**
- Once stable, your recall frequency may be adjusted

At these visits, we:

- Monitor your implants and surrounding tissue/bone
 - Evaluate how well you are cleaning
 - Prevent complications before they start
 - X-rays are taken every **1–2 years** (or as needed)
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Additional Maintenance Expectations:

- If there is buildup, inflammation, or difficulty cleaning, the prosthesis may need to be **removed periodically for deeper cleaning**
- When removed, **new prosthetic screws are typically required**
- **Maintenance visits and component replacement involve fees**
- If you notice **loosening, movement, or fracture**, contact us immediately

Ongoing maintenance is a normal and expected part of protecting your investment

What We're Watching For

At your visits, we are looking for:

- Healthy, pink tissue
- Minimal bleeding
- Clean areas under and around the prosthesis

This is your **proof of excellent home care** and helps determine your long-term maintenance plan

Protecting Your Prosthesis

- Be mindful of **excessive chewing forces**
 - Try to avoid very **hard or tough foods** (ice, hard nuts, jerky, etc.)
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We're Here to Help

If you have:

- Questions about cleaning
- Difficulty maintaining certain areas
- Discomfort or concerns

Please contact us—we are here to support you.

Your home care + our professional care = long-term success.

Stay consistent, and you can enjoy your healthy, confident smile for many years to come.

Thank you for allowing us to help you! Congratulations! *-Your team at Weierbach & Genetti Prosthodontics*

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