



HOME CARE INSTRUCTIONS: IMMEDIATE DENTURE with SOFT LINER

Congratulations on your new smile! Now that you have received your immediate denture, here are some helpful care instructions to help you at home:

If you have had recent tooth extractions:

1. For the next 48 hours, please do not remove your dentures (only remove to rinse after eating, but put them back in immediately). Your denture will help with the swelling of your gums.
2. After the first 48 hours, please start to remove your denture every night (or at least 6-8 hours a day to rest your gums)
 - a. When your dentures are out of your mouth, please store submerged in water in your denture box with the soft side up to prevent warping.
3. Eating:
 - a. We encourage you to eat soft foods initially. As you become more comfortable, you can introduce harder foods
 - b. We suggest to chew with food on both sides of your mouth to maintain balance and stability. This will also help the muscles of your tongue and cheek learn to hold the denture in place.
 - c. Please avoid chewing gum
4. Dentures loosening/sore spots:
 - a. As your gums and bone heal and change, your denture will begin to feel loose. This is normal. You will need to return to our office for a new liner or reline of the denture. Please call for an appointment if you do not have one already scheduled.
 - b. Sore spots/areas may develop and are normal. Please call for an appointment to adjust your denture if you do not already have one scheduled.

Care for your denture with temporary soft liner:

5. Cleaning your denture:
 - a. Rinse the denture well to remove any food or debris. Use Q-tip or finger to remove debris from inside on soft liner.
 - b. On hard denture surfaces only (not on soft area), please use the soft toothbrush or denture brush. You may use hand-soap and water to brush and rinse the denture if desired.
 - i. Do not use toothpaste or denture cleaners/soaks.
 - c. Please be careful not to drop your dentures as they can break.
 - i. We suggest to fill the sink halfway with water before removal or place a towel in the sink.

We are so happy to help you on your journey to your ideal dental health and smile! As always, please feel free to call us with any questions or concerns. 717-560-9190

WEIERBACH & GENETTI
PROSTHODONTICS

Specialists in Cosmetic, Restorative & Implant Dentistry